

Calendar of Events

July 8, 2025
- November 30, -0001

Good Morning Sierra Vista - July 8th

Cochise College Student Union

901 Colombo Ave

Sierra Vista, AZ 85635

07:00 AM - 08:30 AM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Good Morning Sierra Vista is a networking event designed to bring together the entire Sierra Vista Community. Business owners, community leaders, non-profits, and their staff members will benefit from attending. This program provides City of Sierra Vista, U.S. Army Fort Huachuca, Cochise County, Huachuca City, and Sky Islands Regional Partnership updates as well as a great networking opportunity while enjoying breakfast.

Program and guest speaker: Lea Marquez Peterson, Arizona Corporation Commissioner

Join us on July 8th, for breakfast and impactful, essential information for your business.

REGISTRATION CLOSES JULY 1ST!

**It is highly recommended that you register online before the event as there is limited seating, and paying at the door may not guarantee a seat. Should you pay at the door, please note that this will incur an additional convenience fee of \$10 over the late registration cost of \$35.00, for a total admission of \$45.00.*

COST

Until June 23rd

Chamber Member: \$25.00

Non-Chamber Attendee: \$30.00

LATE REGISTRATION PRICING

June 24th - July 1st

All Attendees (including members): \$35.00

AT THE DOOR PRICING

All Attendees (including members): \$45.00

Service Animal Policy

To ensure a safe and comfortable experience for all guests, only certified service dogs trained to assist individuals with disabilities are permitted at this event. Please note that emotional support, therapy animals, or pets are not allowed.

Thank you for your understanding and cooperation.

REGISTRATION CLOSES JULY 1ST!

Interested in Sponsoring this event?

Check out our Sponsorship options below!

July 9, 2025
- November 30, -0001

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

How to use the Partnership Website

Sponsorship/Advertising Opportunities

Small Business Resources Available

Business Advocacy

Social Media Opportunities and Coaching

Partnership Yearly Accomplishments

Upcoming Sky Islands Events

Please bring a laptop to follow along on the tour of our website!

Service Animal Policy

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July 10, 2025
- November 30, -0001

Tariffs and Market Volatility: Navigating the Risks to Your Portfolio

Microsoft Teams

04:30 PM - 05:00 PM MT

Nicole Di Modica, 6239723133

nicole.dimodica@ampf.com

Tariffs and Market Volatility: Navigating the Risks to Your Portfolio

Hosted By: Affirm Wealth Advisors

Presented By: Mike Gombrich, Private Wealth Advisor

Trade policies can move markets - are you prepared? This seminar unpacks the impact of tariffs, trade agreements, and global shifts on stocks, industries, and investments. Learn strategies to navigate an ever-changing financial landscape.

*To reserve a spot: call us at 623.972.3133 or email us at nicole.dimodica@ampf.com
You must RSVP to receive access credentials for this event or seminar*

July 12, 2025
- November 30, -0001

Monsoon Plant Sale
Borderlands Nursery & Seed
42 San Antonio Road
Patagonia, AZ 85624
08:00 AM - 02:00 PM MT
Borderlands Nursery & Seed, 520 -276-2483
horticulture@borderlandsrestoration.org

July 17, 2025
- November 30, -0001

Business @ Twilight - July 17th
Sky Islands Regional Partnership
21 E Wilcox Drive
Sierra Vista, AZ 85635
05:00 PM - 07:00 PM MT
Maria Jimenez, 5204586940
events@skyislandsrp.com
Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Armed Forces Bank at the SIRP Building- Don't miss it!
****REGISTRATION CLOSSES 2 DAYS PRIOR TO EVENT!****

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July 18, 2025
- November 30, -0001

SIRP, DBN & BBB Networking Mixer 2025
Old Bisbee Brewing Co.
200 Review Alley
Bisbee, AZ 85603
06:00 PM - 08:00 PM MT
Maria Jimenez, (520)458-6940
events@skyislandsrp.com

July 22, 2025
- November 30, -0001

Cochise College Downtown Center Open House
Cochise College Downtown Center
2600 E. Wilcox Dr
Sierra Vista, AZ 85635
04:00 PM - 06:00 PM MT
Cochise College, 800-966-7943
marketing@cochise.edu
Cochise College Downtown Center Open House & Ribbon-Cutting Ceremony featuring the NEW First Responders Academy Simulation Lab

Tuesday, July 22
4 - 6 p.m.
Cochise College Downtown Center
2600 E. Wilcox Dr, Sierra Vista, AZ

Following the ribbon-cutting event, guests are invited to explore the Downtown Center during our open house. The free event is open to the public. All are welcome to attend.

August 11, 2025
- November 30, -0001

Lactation Support Group at CVMC
Canyon Vista Medical Center - Medical Office Building #2 Thrive Classroom
5700 E Hwy 90
Sierra Vista, AZ 85635, AZ 85635
09:15 AM - 10:30 AM MT
Stephanie Haws, BSN, RN, IBCLC, 520-508-6748
Stephanie.Haws@canyonvistamedicalcenter.com
Please join Canyon Vista Medical Center Lactation Department in celebrating National Breastfeeding Month for an in-person Lactation Support Group meeting.

Monday, August 11th, 9:15-10:30am

Canyon Vista Medical Center, 5700 E Hwy 90, Sierra Vista, AZ 85635

We will meet in the Thrive Classroom (first floor in the medical building east of the hospital. If you're walking toward the main hospital entrance, you'll see a sign for Thrive on your left).

Lactating, pumping, combo feeding, donor milk feeding parents and expectant families are welcome! Please attend to discuss your lactation questions or concerns and share your experiences.

If you would like to join virtually, it will also be online. Visit tinyurl.com/LSGatThrive to join the group. For zoom technical difficulties or additional questions call or text Stephanie Haws, BSN, RN, IBCLC at 520-508-6748.

August 12, 2025
- November 30, -0001

Quarterly Market Outlook

Microsoft Teams

7992 W Thunderbird Road

Peoria, AZ 85381

12:30 PM - 01:00 PM MT

Nicole Di Modica, 6239723133

nicole.dimodica@ampf.com

Hosted By: Affirm Wealth Advisors

Presented By: Matt MacLean and Steve Harnden, Private Wealth Advisors

Q&A With: Alan Alpers, Investment Manager

Join us for a 30-minute call as we discuss the current market outlook. In the interest of making the most of our time, please email any questions you would like us to cover during the Q&A to Nicole Di Modica at nicole.dimodica@ampf.com.

*To reserve a spot: call us at 623.972.3133 or email us at nicole.dimodica@ampf.com
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August 13, 2025
- November 30, -0001

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

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Sierra Vista, AZ 85635

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Including:

*How to use the Partnership Website
Sponsorship/Advertising Opportunities
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Business Advocacy
Social Media Opportunities and Coaching
Partnership Yearly Accomplishments
Upcoming Sky Islands Events*

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August 21, 2025
- November 30, -0001

Business @ Twilight - August 21st

Los Milics Vineyards

423 Upper Elgin Rd #824

Elgin, AZ 85611

05:00 PM - 07:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by LOS MILICS VINEYARDS- Don't miss it!

*****REGISTRATION CLOSSES 2 DAYS PRIOR TO EVENT!*****

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August 23, 2025
- November 30, -0001

Sky Islands Regional Partnership Expo: Shop Local, Showcase Your Business!
The Mall at Sierra Vista
2200 El Mercado Loop
Sierra Vista, AZ 85635
10:00 AM - 03:00 PM MT
Maria Jimenez, 520-458-6940
events@skyislandsrp.com
Sky Islands Regional Partnership Expo: Shop Local, Showcase Your Business!

Vendor Booths featuring unique crafts and local products
Live Entertainment
From Speed to Style – Sports Cars, Utility Rides, and Timeless Classics on Display

Join us for a vibrant day of networking, local business showcases, and community engagement — all under the beautiful desert sky. Connect with customers, promote your brand, and be part of Southern Arizona's growing business scene!

If you are a non-profit please use the code GIVE BACK (all caps) for \$10 off your registration.

Register today to guarantee your vendor booth!

Registration CLOSES August 10th!

All amounts are Non-Refundable once paid!

Registration Pricing
Early Bird Registration (through July 27th)
8x5 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs
Partnership Member - \$185
NON Member - \$235

10x10 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs
Partnership Member - \$235
10x10 NON Member - \$285

Outdoor Vendor - Includes sectioned off area in parking lot. Must provide all equipment needed to include generators for power.
Partnership Member - \$50.00
NON Member - \$75.00

Late Registration (July 28th- August 10th)
8x5 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs
Partnership Member - \$195
NON Member - \$245

10x10 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs
Partnership Member - \$245
10x10 NON Member - \$295

Outdoor Vendor - Includes sectioned off area in parking lot. Must provide all equipment needed to include generators for power.

Partnership Member - \$75.00

NON Member - \$100.00

Interested in Sponsoring this event?

Check out our Sponsorship options below!

September 2, 2025
- November 30, -0001

Conversations About Health Series - Fall 2025
Cochise College, Downtown Center
2600 E Willcox Dr.
Sierra Vista, AZ 85635
01:00 PM - 02:00 PM MT
Natoyah Swift, 5202633299
natoyah.swift@canyonvistamedicalcenter.com
Fall 2025 Conversations About Health Series

Empowering Health Through Education

Canyon Vista Medical Center proudly presents the Fall 2025 Conversations About Health Series — a free educational initiative designed to inspire and empower our community to live healthier, more informed lives. Hosted at Cochise College Downtown Center (Room G106), this series features engaging presentations from medical professionals on critical health topics that impact daily life.

Topics and Dates:

Respiratory Illnesses 101: What You Need to Know (Sep 2)

By Dr. Elena Kwon

Dr. Elena Kwon, Emergency Room Medical Director, will share important information on respiratory illnesses—including Flu, COVID-19, and RSV. Learn how to protect yourself and your loved ones this season.

Furthering our Goal of Making Cochise County Healthier (Sep 30)

By Canyon Vista Medical Center Executive Team

They will share updates on the hospital and how CVMC intends to keep care close to home with new technology, growth in services and collaboration with Cochise College.

Stroke Awareness: Signs and Treatment (Oct 21)

By Dr. Yanny Phillips

Stroke, also known as "brain attack", is the second leading cause of death and the third most common reason for long-term disability in the world. Dr. Yanny Phillips, Neurology, will review current treatment guidelines and give tips for healthy lifestyle choices to help decrease the risk of having a stroke.

Mood Changes & When to Seek Help (Nov 18)

By CVMC Behavioral Health Team

Mood changes like anxiety and depression are common, but when they become persistent or start affecting daily life, it may be time to seek help. The BHU team will cover the basics on moods change and how to recognize the signs for when it's time to reach out for help.

Nutrition and Medicine: The Relationship and Importance of Both (Dec 2)

By CVMC Dietician, Anna Keefe

Nutrition and medicine go hand in hand—while medicine treats illness, good nutrition can help prevent it and support recovery. CVMC Dietician Anna Keefe will explain how a

balanced diet aids healing and may reduce the need for some medications.

Location:

*Cochise College Downtown Center, Room G106
2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

September 8, 2025
- November 30, -0001

Fit Finances, Fit Life: The Path to Health and Wealth Harmony

Microsoft Teams

12:30 PM - 01:00 PM MT

Nicole Di Modica, 520.459.1652

nicole.dimodica@ampf.com

Hosted By: Affirm Wealth Advisors, a private wealth advisory practice of Ameriprise Financial, LLC

Presented By: Mike Gombrich, Private Wealth Advisors & Garrett Smith, Financial Advisor

Discover the powerful connection between your physical well-being and financial health in this dynamic seminar. Learn how to make informed decisions that prioritize your lifestyle and vitality and gain actionable strategies for achieving balance and success in every aspect of your life.

*To reserve a spot: call us at 520.459.1652 or visit affirmwealthadvisors.com.
You must RSVP to receive access credentials for this event or seminar*

September 10, 2025
- November 30, -0001

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

How to use the Partnership Website

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September 13, 2025
- November 30, -0001

Sound Bath w/ Crystal Lotus Blessings

Roses Poses

833 East Fry Blvd.

Sierra Vista, AZ 85635

08:00 PM - 09:15 PM MT

Carrie, 561-891-8985

crystallotusblessings@gmail.com

Sound Immersion Journey, a symphony of serenity: Join us for a crystal bowl sound bath at Roses Poses 833 E. Fry Blvd., #B, Sierra Vista, AZ, and immerse yourself in a journey of deep relaxation and rejuvenation. Gentle vibrations and calming tones will wash away stress, promoting a sense of calm and well-being as you allow yourself to be immersed in sound.

Here's what awaits you:

- **Crystal Bowl Sound Bath:**

Experience the soothing vibrations of crystal singing bowls, known for their ability to promote relaxation and reduce stress.

- **Guided Meditation:**

Begin your journey with a guided meditation to set intentions and prepare your mind and body for a deep state of relaxation.

- **Intention Setting:**

Set your intentions for the session, allowing the sounds to resonate with your inner desires and aspirations.

- **Deep Relaxation:**

Allow the calming sounds and vibrations to wash over you, promoting a sense of peace and tranquility.

- **Rejuvenation:**

Leave feeling refreshed, revitalized, and ready to embrace the day with renewed energy and clarity.

Benefits of a Sound Bath:

- **Reduced Stress & Anxiety:**

The resonant frequencies of the bowls help lower cortisol levels, the body's primary stress hormone.

- **Improved Sleep:**

The calming sounds and vibrations can promote a deeper, more restful sleep.

- **Enhanced Relaxation:**

A sound bath is a perfect way to unwind and release tension, promoting a sense of calm and well-being.

- **Increased Clarity:**

The practice can help to quiet the mind and promote a sense of clarity and focus.

Event Details:

Sound Immersion Journey. Space is limited, book now!

- **Date:** September 13, 2025

- **Time:** 8P - 915P

- **Location:** Roses Poses, 833 E. Fry Blvd., #B, Sierra Vista, AZ 85635

- **Cost:** \$20.00

- **RSVP:** Scan QR Code in Flier

Book your spot today and experience the transformative power of sound!

September 18, 2025
- November 30, -0001

Business @ Twilight - September 18th

Mountain View Gardens

3477 Rodeo Drive

Sierra Vista, AZ 85635

05:00 PM - 07:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Mountain View Gardens - Don't miss it!

****REGISTRATION CLOSES 2 DAYS PRIOR TO EVENT!****

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September 27, 2025
- November 30, -0001

Fall Plant Sale

Borderlands Nursery & Seed

42 San Antonio Road

Patagonia, AZ 85624

09:00 AM - 02:00 PM MT

Borderlands Nursery & Seed, 520 -276-2483

horticulture@borderlandsrestoration.org

September 30, 2025
- November 30, -0001

Conversations About Health Series - Fall 2025
Cochise College, Downtown Center
2600 E Willcox Dr.
Sierra Vista, AZ 85635
01:00 PM - 02:00 PM MT
Natoyah Swift, 5202633299
natoyah.swift@canyonvistamedicalcenter.com
Fall 2025 Conversations About Health Series

Empowering Health Through Education

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Topics and Dates:

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By Dr. Elena Kwon

Dr. Elena Kwon, Emergency Room Medical Director, will share important information on respiratory illnesses—including Flu, COVID-19, and RSV. Learn how to protect yourself and your loved ones this season.

Furthering our Goal of Making Cochise County Healthier (Sep 30)

By Canyon Vista Medical Center Executive Team

They will share updates on the hospital and how CVMC intends to keep care close to home with new technology, growth in services and collaboration with Cochise College.

Stroke Awareness: Signs and Treatment (Oct 21)

By Dr. Yanny Phillips

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Nutrition and Medicine: The Relationship and Importance of Both (Dec 2)

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Nutrition and medicine go hand in hand—while medicine treats illness, good nutrition can help prevent it and support recovery. CVMC Dietician Anna Keefe will explain how a

balanced diet aids healing and may reduce the need for some medications.

Location:

*Cochise College Downtown Center, Room G106
2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

October 8, 2025
- November 30, -0001

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

*How to use the Partnership Website
Sponsorship/Advertising Opportunities
Small Business Resources Available
Business Advocacy
Social Media Opportunities and Coaching
Partnership Yearly Accomplishments
Upcoming Sky Islands Events*

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October 10, 2025
- November 30, -0001

Sky Islands 5th Annual Golf Scramble
Sierra Vista Golf Center at Pueblo Del Sol
2770 Saint Andrews Dr.
Sierra Vista, AZ 85650

08:30 AM - 02:00 PM MT
Maria Jimenez, 520-458-6940
events@skyislandsrp.com

*Come out and join us for the
Sky Islands 5th Annual Golf Tournament*

**EARLY-BIRD PRICING \$85 Per Golfer. \$340 Per Foursome.
Includes cart, lunch, swag bag & 18 holes.
See pricing details below.*

Hole-in-One Grand Prize! - Side-by-Side provided by Sierra Cycles!

**ONLY with Early-Bird Registration*

Not a Golfer? No Problem!

Join us for this year's Scramble, where fun and creativity take the lead.

Bring some cash to enjoy our beverage and snack cart out on the fairways. Start your day with grab-and-go breakfast item, and don't miss our delicious taco bar for lunch.

Prizes await for First, Second, and Third place, as well as for the Closest to the Pin and Longest Drive.

*Don't miss out on a fantastic day filled with laughter, unique challenges, and great company.
This year's event is sure to be a hole-in-one!*

*Tee Time: 8:30AM
Registration Table Opens: 7:00AM*

Interested in donating a prize for our winners? Please visit the link below to upload your prize.

[Click Here to Donate](#)

REGISTRATION CLOSING OCTOBER 6TH!

It is highly recommended that you register online before the event as there is limited space, and paying at the door may not guarantee a slot. Should you pay at the door, please note that this will incur an additional convenience fee of \$10 over the late registration cost of \$100.00 members / \$125 non-members.

*EARLY BIRD PRICING Until September 20th
Partnership Member: \$85.00
Non-Partnership Attendee: \$100.00
Foursome (4): \$340.00*

*LATE REGISTRATION PRICING September 21st - October 6th
Partnership Member: \$100.00
Non-Partnership Attendee: \$125.00
Foursome (4): \$400.00*

AT THE DOOR PRICING

**All Attendees (including members): \$110.00*

Foursome (4): \$440.00

**Pending availability.*

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REGISTRATION CLOSES OCTOBER 6TH!

All amounts are Non-Refundable once paid!

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Check out our Sponsorship options below!

October 16, 2025
- November 30, -0001

Business @ Twilight - October 16th

Best Western Plus Sun Canyon

260 N Garden Ave.

Sierra Vista, AZ 85635

05:00 PM - 07:00 PM MT

Maria Jimenez, 5204586940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Best Western Plus San Canyon - Don't miss it!

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November 15, 2025
- November 30, -0001

Sound Bath w/ Crystal Lotus Blessings

Roses Poses

833 East Fry Blvd.

Sierra Vista, AZ 85635

07:15 PM - 08:30 PM MT

Carrie, 561-891-8985

crystallotusblessings@gmail.com

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Experience the soothing vibrations of crystal singing bowls, known for their ability to promote relaxation and reduce stress.

- **Guided Meditation:**

Begin your journey with a guided meditation to set intentions and prepare your mind and body for a deep state of relaxation.

- **Intention Setting:**

Set your intentions for the session, allowing the sounds to resonate with your inner desires and aspirations.

- **Deep Relaxation:**

Allow the calming sounds and vibrations to wash over you, promoting a sense of peace and tranquility.

- **Rejuvenation:**

Leave feeling refreshed, revitalized, and ready to embrace the day with renewed energy and clarity.

Benefits of a Sound Bath:

- **Reduced Stress & Anxiety:**

The resonant frequencies of the bowls help lower cortisol levels, the body's primary stress hormone.

- **Improved Sleep:**

The calming sounds and vibrations can promote a deeper, more restful sleep.

- **Enhanced Relaxation:**

A sound bath is a perfect way to unwind and release tension, promoting a sense of calm and well-being.

- **Increased Clarity:**

The practice can help to quiet the mind and promote a sense of clarity and focus.

Event Details:

Sound Immersion Journey. Space is limited, book now!

- **Date:** November 15, 2025

- **Time:** 715P - 8305P

- **Location:** Roses Poses, 833 E. Fry Blvd., #B, Sierra Vista, AZ 85635

- **Cost:** \$20.00

- **RSVP:** Scan QR Code in Flier

Book your spot today and experience the transformative power of sound!

November 18, 2025
- November 30, -0001

Conversations About Health Series - Fall 2025
Cochise College, Downtown Center
2600 E Willcox Dr.
Sierra Vista, AZ 85635
01:00 PM - 02:00 PM MT
Natoyah Swift, 5202633299
natoyah.swift@canyonvistamedicalcenter.com
Fall 2025 Conversations About Health Series

Empowering Health Through Education

Canyon Vista Medical Center proudly presents the Fall 2025 Conversations About Health Series — a free educational initiative designed to inspire and empower our community to live healthier, more informed lives. Hosted at Cochise College Downtown Center (Room G106), this series features engaging presentations from medical professionals on critical health topics that impact daily life.

Topics and Dates:

Respiratory Illnesses 101: What You Need to Know (Sep 2)

By Dr. Elena Kwon

Dr. Elena Kwon, Emergency Room Medical Director, will share important information on respiratory illnesses—including Flu, COVID-19, and RSV. Learn how to protect yourself and your loved ones this season.

Furthering our Goal of Making Cochise County Healthier (Sep 30)

By Canyon Vista Medical Center Executive Team

They will share updates on the hospital and how CVMC intends to keep care close to home with new technology, growth in services and collaboration with Cochise College.

Stroke Awareness: Signs and Treatment (Oct 21)

By Dr. Yanny Phillips

Stroke, also known as "brain attack", is the second leading cause of death and the third most common reason for long-term disability in the world. Dr. Yanny Phillips, Neurology, will review current treatment guidelines and give tips for healthy lifestyle choices to help decrease the risk of having a stroke.

Mood Changes & When to Seek Help (Nov 18)

By CVMC Behavioral Health Team

Mood changes like anxiety and depression are common, but when they become persistent or start affecting daily life, it may be time to seek help. The BHU team will cover the basics on moods change and how to recognize the signs for when it's time to reach out for help.

Nutrition and Medicine: The Relationship and Importance of Both (Dec 2)

By CVMC Dietician, Anna Keefe

Nutrition and medicine go hand in hand—while medicine treats illness, good nutrition can help prevent it and support recovery. CVMC Dietician Anna Keefe will explain how a

balanced diet aids healing and may reduce the need for some medications.

Location:

*Cochise College Downtown Center, Room G106
2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

November 20, 2025
- November 30, -0001

Business @ Twilight - November 20th

Allo Fiber

2383 E Fry Blvd.

Sierra Vista, AZ 85635

05:00 PM - 07:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Allo Fiber - Don't miss it!

****REGISTRATION CLOSES 2 DAYS PRIOR TO EVENT!****

Service Animal Policy

To ensure a safe and comfortable experience for all guests, only certified service dogs trained to assist individuals with disabilities are permitted at this event. Please note that emotional support, therapy animals, or pets are not allowed.

Thank you for your understanding and cooperation.

December 2, 2025
- November 30, -0001

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Cochise College, Downtown Center
2600 E Willcox Dr.
Sierra Vista, AZ 85635
01:00 PM - 02:00 PM MT
Natoyah Swift, 5202633299
natoyah.swift@canyonvistamedicalcenter.com
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Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

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December 6, 2025
- November 30, -0001

66th Annual Christmas Light Parade

05:30 PM - 08:00 PM MT

Maria Jimenez,

events@skyislandsrp.com

? *Announcing this year's Christmas Parade theme ?*

? *Sky Islands Regional Partnership Presents: Christmas in the Sky Islands ?*

?*"Celebrating Holiday Traditions Across Our Region"?*

??*Celebrate the season, Sky Islands style! From snowy mountaintops to desert towns full of light, this year's theme invites parade entrants to showcase what the holidays look like across our diverse and beautiful region. Think pine trees and prickly pears, Santa on horseback, mountain cabins, hometown holiday traditions, and more! ??*

REGISTRATION CLOSES NOVEMBER 29th!

You MUST register online before the event as we need time to adjust the parade line up accordingly.

Use Coupon Code: GIVE BACK for \$20 off registration pricing (reserved for: K -12 Schools, First Responders, Non-Profits only)

EARLY BIRD PRICING

Until November 22nd

Partnership Member Businesses - \$85

Non-Partnership Member Businesses - \$135

LATE REGISTRATION PRICING

November 23rd - November 29th

Partnership Member Businesses - \$100

Non-Partnership Member Businesses - \$150

Registration CLOSES on November 29th. No late registrations will be accepted!

OFFICIAL PARADE ROUTE

December 10, 2025
- November 30, -0001

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

How to use the Partnership Website

Sponsorship/Advertising Opportunities

Small Business Resources Available

Business Advocacy

Social Media Opportunities and Coaching

Partnership Yearly Accomplishments

Upcoming Sky Islands Events

Please bring a laptop to follow along on the tour of our website!

Service Animal Policy

To ensure a safe and comfortable experience for all guests, only certified service dogs trained to assist individuals with disabilities are permitted at this event. Please note that emotional support, therapy animals, or pets are not allowed.

Thank you for your understanding and cooperation.