

Calendar of Events

August 21, 2025

Business @ Twilight - August 21st

Los Milics Vineyards

423 Upper Elgin Rd #824

Elgin, AZ 85611

05:00 PM - 07:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by LOS MILICS VINEYARDS- Don't miss it!

*****REGISTRATION CLOSSES 2 DAYS PRIOR TO EVENT!*****

Service Animal Policy

To ensure a safe and comfortable experience for all guests, only certified service dogs trained to assist individuals with disabilities are permitted at this event. Please note that emotional support, therapy animals, or pets are not allowed.

Thank you for your understanding and cooperation.

August 23, 2025

Sky Islands Regional Partnership Expo: Shop Local, Showcase Your Business!

The Mall at Sierra Vista

2200 El Mercado Loop

Sierra Vista, AZ 85635

10:00 AM - 03:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Sky Islands Regional Partnership Expo: Shop Local, Showcase Your Business!

Vendor Booths featuring unique crafts and local products

Live Entertainment

Join us for a vibrant day of networking, local business showcases, and community engagement — all under the beautiful desert sky. Connect with customers, promote your brand, and be part of Southern Arizona's growing business scene!

If you are a non-profit please use the code GIVE BACK (all caps) for \$10 off your registration.

Register today to guarantee your vendor booth!

Registration CLOSES August 10th!

All amounts are Non-Refundable once paid!

Registration Pricing

Early Bird Registration (through July 27th)

8x5 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs

Partnership Member - \$185

NON Member - \$235

10x10 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs

Partnership Member - \$235

10x10 NON Member - \$285

Outdoor Vendor - Includes sectioned off area in parking lot. Must provide all equipment needed to include generators for power.

Partnership Member - \$50.00

NON Member - \$75.00

Late Registration (July 28th- August 10th)

8x5 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs

Partnership Member - \$195

NON Member - \$245

10x10 Booth Includes Pipe & Drape, 1-6ft Table, 2 Chairs

Partnership Member - \$245

10x10 NON Member - \$295

Outdoor Vendor - Includes sectioned off area in parking lot. Must provide all equipment

needed to include generators for power.

Partnership Member - \$75.00

NON Member - \$100.00

Interested in Sponsoring this event?

Check out our Sponsorship options below!

August 23, 2025

Fort Huachuca MWR presents Dueling Pianos

Murr Community Center

Cushing Street, BLDG 51301

Fort Huachuca, AZ 85613

06:00 PM - 09:00 PM MT

Fort Huachuca MWR, 520-678-4446

stacy.d.sandlin.naf@army.mil

August 29, 2025

Golf Fore Kids

Sierra Vista Golf Center

2770 St Andrews Dr

Sierra Vista, AZ 85650

07:00 AM - 04:00 PM MT

Demetrius Drake, 5205150055

ddrake@bgcsvaz.org

Golf Fore Kids is a one day tournament that swings fun, laughter, and community. let's make it a hole in one "fore " the kids and do whatever it takes to build great futures!!!!!! All proceeds directly benefiting the children and programs at the Boys & Girls Club of Sierra Vista.

September 2, 2025

Conversations About Health Series - Fall 2025

Cochise College, Downtown Center

2600 E Willcox Dr.

Sierra Vista, AZ 85635

01:00 PM - 02:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

Fall 2025 Conversations About Health Series

Empowering Health Through Education

Canyon Vista Medical Center proudly presents the Fall 2025 Conversations About Health Series — a free educational initiative designed to inspire and empower our community to live healthier, more informed lives. Hosted at Cochise College Downtown Center (Room G106), this series features engaging presentations from medical professionals on critical health topics that impact daily life.

Topics and Dates:

Respiratory Illnesses 101: What You Need to Know (Sep 2)

By Dr. Elena Kwon

Dr. Elena Kwon, Emergency Room Medical Director, will share important information on respiratory illnesses—including Flu, COVID-19, and RSV. Learn how to protect yourself and your loved ones this season.

Furthering our Goal of Making Cochise County Healthier (Sep 30)

By Canyon Vista Medical Center Executive Team

They will share updates on the hospital and how CVMC intends to keep care close to home with new technology, growth in services and collaboration with Cochise College.

Stroke Awareness: Signs and Treatment (Oct 21)

By Dr. Yanny Phillips

Stroke, also known as "brain attack", is the second leading cause of death and the third most common reason for long-term disability in the world. Dr. Yanny Phillips, Neurology, will review current treatment guidelines and give tips for healthy lifestyle choices to help decrease the risk of having a stroke.

Mood Changes & When to Seek Help (Nov 18)

By CVMC Behavioral Health Team

Mood changes like anxiety and depression are common, but when they become persistent or start affecting daily life, it may be time to seek help. The BHU team will cover the basics on moods change and how to recognize the signs for when it's time to reach out for help.

Nutrition and Medicine: The Relationship and Importance of Both (Dec 2)

By CVMC Dietician, Anna Keefe

Nutrition and medicine go hand in hand—while medicine treats illness, good nutrition can help prevent it and support recovery. CVMC Dietician Anna Keefe will explain how a

balanced diet aids healing and may reduce the need for some medications.

Location:

*Cochise College Downtown Center, Room G106
2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

September 8, 2025

Fit Finances, Fit Life: The Path to Health and Wealth Harmony

Microsoft Teams

12:30 PM - 01:00 PM MT

Nicole Di Modica, 520.459.1652

nicole.dimodica@ampf.com

Hosted By: Affirm Wealth Advisors, a private wealth advisory practice of Ameriprise Financial, LLC

Presented By: Mike Gombrich, Private Wealth Advisors & Garrett Smith, Financial Advisor

Discover the powerful connection between your physical well-being and financial health in this dynamic seminar. Learn how to make informed decisions that prioritize your lifestyle and vitality and gain actionable strategies for achieving balance and success in every aspect of your life.

*To reserve a spot: call us at 520.459.1652 or visit affirmwealthadvisors.com.
You must RSVP to receive access credentials for this event or seminar*

September 9, 2025

Good Morning Sierra Vista - September 9th

Cochise College Student Union

901 Colombo Ave

Sierra Vista, AZ 85635

07:00 AM - 08:30 AM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Good Morning Sierra Vista is a networking event designed to bring together the entire Sierra Vista Community. Business owners, community leaders, non-profits, and their staff members will benefit from attending. This program provides City of Sierra Vista, U.S. Army Fort Huachuca, Cochise County, Huachuca City, Benson City and Sky Islands Regional Partnership updates as well as a great networking opportunity while enjoying breakfast.

Program and guest speaker: Tony Boone, Economic Development Manager

Join us on September 9th, for breakfast and impactful, essential information for your business.

REGISTRATION CLOSING SEPTEMBER 1ST!

**It is highly recommended that you register online before the event as there is limited seating, and paying at the door may not guarantee a seat. Should you pay at the door, please note that this will incur an additional convenience fee of \$10 over the late registration cost of \$35.00, for a total admission of \$45.00.*

EARLY-BIRD PRICING

Until August 25th

Chamber Member: \$25.00

Non-Chamber Attendee: \$30.00

LATE REGISTRATION PRICING

August 26th - September 1st

All Attendees (including members): \$35.00

AT THE DOOR PRICING

All Attendees (including members): \$45.00

Service Animal Policy

To ensure a safe and comfortable experience for all guests, only certified service dogs trained to assist individuals with disabilities are permitted at this event. Please note that emotional support, therapy animals, or pets are not allowed.

Thank you for your understanding and cooperation.

REGISTRATION CLOSING SEPTEMBER 1ST!

Interested in Sponsoring this event?

Check out our Sponsorship options below!

September 10, 2025

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

How to use the Partnership Website

Sponsorship/Advertising Opportunities

Small Business Resources Available

Business Advocacy

Social Media Opportunities and Coaching

Partnership Yearly Accomplishments

Upcoming Sky Islands Events

Please bring a laptop to follow along on the tour of our website!

Service Animal Policy

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September 13, 2025

Sound Bath w/ Crystal Lotus Blessings

Roses Poses

833 East Fry Blvd.

Sierra Vista, AZ 85635

08:00 PM - 09:15 PM MT

Carrie, 561-891-8985

crystallotusblessings@gmail.com

Sound Immersion Journey, a symphony of serenity: Join us for a crystal bowl sound bath at Roses Poses 833 E. Fry Blvd., #B, Sierra Vista, AZ, and immerse yourself in a journey of deep relaxation and rejuvenation. Gentle vibrations and calming tones will wash away stress, promoting a sense of calm and well-being as you allow yourself to be immersed in sound.

Here's what awaits you:

- **Crystal Bowl Sound Bath:**

Experience the soothing vibrations of crystal singing bowls, known for their ability to promote relaxation and reduce stress.

- **Guided Meditation:**

Begin your journey with a guided meditation to set intentions and prepare your mind and body for a deep state of relaxation.

- **Intention Setting:**

Set your intentions for the session, allowing the sounds to resonate with your inner desires and aspirations.

- **Deep Relaxation:**

Allow the calming sounds and vibrations to wash over you, promoting a sense of peace and tranquility.

- **Rejuvenation:**

Leave feeling refreshed, revitalized, and ready to embrace the day with renewed energy and clarity.

Benefits of a Sound Bath:

- **Reduced Stress & Anxiety:**

The resonant frequencies of the bowls help lower cortisol levels, the body's primary stress hormone.

- **Improved Sleep:**

The calming sounds and vibrations can promote a deeper, more restful sleep.

- **Enhanced Relaxation:**

A sound bath is a perfect way to unwind and release tension, promoting a sense of calm and well-being.

- **Increased Clarity:**

The practice can help to quiet the mind and promote a sense of clarity and focus.

Event Details:

Sound Immersion Journey. Space is limited, book now!

- **Date:** September 13, 2025

- **Time:** 8P - 915P

- **Location:** Roses Poses, 833 E. Fry Blvd., #B, Sierra Vista, AZ 85635

- **Cost:** \$20.00

- **RSVP:** Scan QR Code in Flier

Book your spot today and experience the transformative power of sound!

September 13, 2025

Are you expecting? Attend our Childbirth Class

Canyon Vista Medical Center - Medical Office Building #2 Thrive Classroom

5750 AZ-90

Sierra Vista, Ar 85635

09:00 AM - 05:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

Are you expecting a child soon?

Make sure to attend one of our monthly Childbirth Classes.

Saturdays: 7/19, 8/16, 9/13, 10/11, 11/15, 12/13

9am to 5pm

Optional tour to follow class

LOCATION

Canyon Vista Medical Center

Thrive Classroom

- Park in Medical Building 2 parking lot*
- On the right side of the building, you will see the Thrive sign*
- Enter through that side door*
- 1st classroom on the left*

\$10 fee, covers entire class for mom and partner.

Register Online tinyurl.com/CVMCChildBirth

More Information

Call Women and Newborn Services 520.263.3320

September 18, 2025

Business @ Twilight - September 18th

Mountain View Gardens

3477 Rodeo Drive

Sierra Vista, AZ 85635

05:00 PM - 07:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Mountain View Gardens - Don't miss it!

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September 19, 2025
- September 21, 2025

MWR Fun Festival
Veterans Memorial Park
04:00 PM - 05:00 PM MT
MWR Marketing, 520-533-2404
huachuca-fmwr-marketing@army.mil

September 27, 2025

Fall Plant Sale
Borderlands Nursery & Seed
42 San Antonio Road
Patagonia, AZ 85624
09:00 AM - 02:00 PM MT
Borderlands Nursery & Seed, 520 -276-2483
horticulture@borderlandsrestoration.org

September 27, 2025

23rd Annual Dine Under the Stars
University of Arizona Sierra Vista Campus
1140 Colombo Avenue
Sierra Vista, AZ 85635
06:00 PM - 09:00 PM MT
University South Foundation, 5206266594
foundation@usfaz.org

Save the Date for the 23rd Annual Dine Under the Stars! Join us for an unforgettable evening of plated dinner, live music, and stargazing under the stunning Cochise County sky. Thanks to our generous sponsor, Pizzeria Mimosa, guests will enjoy a beautifully prepared meal while the Huachuca Astronomy Club guides you through views of planets and celestial wonders. The night also features live entertainment and exciting silent and live auctions. All proceeds benefit scholarships for Cochise County residents pursuing higher education.

September 30, 2025

Conversations About Health Series - Fall 2025

Cochise College, Downtown Center

2600 E Willcox Dr.

Sierra Vista, AZ 85635

01:00 PM - 02:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

Fall 2025 Conversations About Health Series

Empowering Health Through Education

Canyon Vista Medical Center proudly presents the Fall 2025 Conversations About Health Series — a free educational initiative designed to inspire and empower our community to live healthier, more informed lives. Hosted at Cochise College Downtown Center (Room G106), this series features engaging presentations from medical professionals on critical health topics that impact daily life.

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By Dr. Elena Kwon

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Furthering our Goal of Making Cochise County Healthier (Sep 30)

By Canyon Vista Medical Center Executive Team

They will share updates on the hospital and how CVMC intends to keep care close to home with new technology, growth in services and collaboration with Cochise College.

Stroke Awareness: Signs and Treatment (Oct 21)

By Dr. Yanny Phillips

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Location:

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2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

October 8, 2025

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

*How to use the Partnership Website
Sponsorship/Advertising Opportunities
Small Business Resources Available
Business Advocacy
Social Media Opportunities and Coaching
Partnership Yearly Accomplishments
Upcoming Sky Islands Events*

Please bring a laptop to follow along on the tour of our website!

Service Animal Policy

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Thank you for your understanding and cooperation.

October 9, 2025

Digital Fort Knox: Safeguarding Your Finances in a Cyber-Connected World

Microsoft Teams

12:30 PM - 01:00 PM MT

Nicole Di Modica, 6239723133

nicole.dimodica@ampf.com

Hosted By: Affirm Wealth Advisors, a private wealth advisory practice of Ameriprise Financial, LLC

Presented By: Mike Gombrich, Private Wealth Advisors & Garrett Smith, Financial Advisor

In a world where cyber threats are constantly evolving, your financial security is only as strong as your digital defenses. This seminar dives into the intersection of cybersecurity and personal finance, showing you how to protect your assets, identity, and investments from online risks. Learn how to build a virtual fortress around your finances, detect hidden threats, and stay one step ahead of cybercriminals. Walk away with the confidence and tools to safeguard your wealth in an ever-connected, high-tech world.

*To reserve a spot: call us at 520.459.1652 or visit affirmwealthadvisors.com.
You must RSVP to receive access credentials for this event or seminar*

October 10, 2025

Sky Islands 5th Annual Golf Scramble
Sierra Vista Golf Center at Pueblo Del Sol
2770 Saint Andrews Dr.
Sierra Vista, AZ 85650

08:30 AM - 02:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Come out and join us for the

Sky Islands 5th Annual Golf Tournament

**EARLY-BIRD PRICING \$85 Per Golfer. \$340 Per Foursome.*

Includes cart, lunch, swag bag & 18 holes.

See pricing details below.

Hole-in-One Grand Prize! - Side-by-Side provided by Sierra Cycles!

**ONLY with Early-Bird Registration*

Not a Golfer? No Problem!

Join us for this year's Scramble, where fun and creativity take the lead.

Bring some cash to enjoy our beverage and snack cart out on the fairways. Start your day with grab-and-go breakfast item, and don't miss our delicious taco bar for lunch.

Prizes await for First, Second, and Third place, as well as for the Closest to the Pin and Longest Drive.

Don't miss out on a fantastic day filled with laughter, unique challenges, and great company.

This year's event is sure to be a hole-in-one!

Tee Time: 8:30AM

Registration Table Opens: 7:00AM

Interested in donating a prize for our winners? Please visit the link below to upload your prize.

[Click Here to Donate](#)

REGISTRATION CLOSES OCTOBER 6TH!

It is highly recommended that you register online before the event as there is limited space, and paying at the door may not guarantee a slot. Should you pay at the door, please note that this will incur an additional convenience fee of \$10 over the late registration cost of \$100.00 members / \$125 non-members.

EARLY BIRD PRICING Until September 20th

Partnership Member: \$85.00

Non-Partnership Attendee: \$100.00

Foursome (4): \$340.00

LATE REGISTRATION PRICING September 21st - October 6th

Partnership Member: \$100.00

Non-Partnership Attendee: \$125.00

Foursome (4): \$400.00

AT THE DOOR PRICING

**All Attendees (including members): \$110.00*

Foursome (4): \$440.00

**Pending availability.*

Service Animal Policy

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Thank you for your understanding and cooperation.

REGISTRATION CLOSES OCTOBER 6TH!

All amounts are Non-Refundable once paid!

Interested in Sponsoring this event?

Check out our Sponsorship options below!

October 11, 2025

Are you expecting? Attend our Childbirth Class

**Canyon Vista Medical Center - Medical Office Building #2 Thrive Classroom
5750 AZ-90**

Sierra Vista, Ar 85635

09:00 AM - 05:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

Are you expecting a child soon?

Make sure to attend one of our monthly Childbirth Classes.

Saturdays: 7/19, 8/16, 9/13, 10/11, 11/15, 12/13

9am to 5pm

Optional tour to follow class

LOCATION

Canyon Vista Medical Center

Thrive Classroom

- Park in Medical Building 2 parking lot*
- On the right side of the building, you will see the Thrive sign*
- Enter through that side door*
- 1st classroom on the left*

\$10 fee, covers entire class for mom and partner.

Register Online tinyurl.com/CVMCChildBirth

More Information

Call Women and Newborn Services 520.263.3320

October 16, 2025

Business @ Twilight - October 16th

Best Western Plus Sun Canyon

260 N Garden Ave.

Sierra Vista, AZ 85635

05:00 PM - 07:00 PM MT

Maria Jimenez, 5204586940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Best Western Plus San Canyon - Don't miss it!

****REGISTRATION CLOSES 2 DAYS PRIOR TO EVENT!****

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October 18, 2025

Community Praise in the Park

Veterans Memorial Park

3105 Fry Blvd

Sierra Vista , AZ 85635

12:00 PM - 04:00 PM MT

Thaldaria Turner, 520-559-8277

truevineministriesint07@gmail.com

True Vine Ministries

We are excited to extend an invitation to you for our annual Community Praise in the Park event, hosted by True Vine Ministries International. This year's celebration will be held on October 18, 2025, at Veterans Memorial Park, starting at 12:00 PM. Our theme for this year is "Positioned for Purpose" inspired by the scripture II Timothy 1: 9-10 (KJV), : "who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began, but is now made manifest by the appearing of our Saviour Jesus Christ, who hath abolished death, and hath brought life and immortality to light through the gospel."

Community Praise in the Park is a joyous occasion where we come together to worship, fellowship, and celebrate the love of Jesus Christ. The event will feature uplifting music, inspiring messages, prayer sessions, and activities for all ages. All musicians, praise and worship teams, solos, Christian artists, praise dancers, etc. are invited. This is a wonderful opportunity to experience the presence of God in the beauty of His creation.

October 21, 2025

Conversations About Health Series - Fall 2025

Cochise College, Downtown Center

2600 E Willcox Dr.

Sierra Vista, AZ 85635

01:00 PM - 02:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

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*Cochise College Downtown Center, Room G106
2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

October 30, 2025

Quarterly Market Outlook

Microsoft Teams

12:30 PM - 01:00 PM MT

Nicole Di Modica, 6239723133

nicole.dimodica@ampf.com

Hosted By: Affirm Wealth Advisors

Presented By: Matt MacLean and Steve Harnden, Private Wealth Advisors

Q&A With: Alan Alpers, Investment Manager

Join us for a 30-minute call as we discuss the current market outlook. In the interest of making the most of our time, please email any questions you would like us to cover during the Q&A to Nicole Di Modica at nicole.dimodica@ampf.com.

*To reserve a spot: call us at 623.972.3133 or email us at nicole.dimodica@ampf.com
You must RSVP to receive access credentials for this event or seminar*

November 5, 2025

Bring a Vet to Lunch
Community Innovation Center -AREDF
4251 Enterprise Way
Sierra Vista, AZ 85635

11:30 AM - 01:00 PM MT
Maria Jimenez, 5204586940
events@skyislandsrp.com

The annual Bring a Vet to Lunch event is a meaningful way to show respect and support for the brave individuals who have risked their lives to protect the freedoms we all enjoy. The luncheon is complimentary for all veterans in attendance.

We are proud to honor veterans of all ages. As part of the celebration, the youngest and oldest veterans in the room will be recognized during a special cake-cutting ceremony.

The Military Community Alliance Committee (MCA) Luncheon is a unique opportunity for Partnership members, military personnel, and the general public to come together and recognize excellence in service. Monthly and quarterly awards will be presented, including honors for top Civilian, Army Non-Commissioned Officer (NCO), Marine, Air Force NCO, Instructor, and Soldier. This event is a prestigious moment for award recipients, recognized by their peers, leadership, and the broader community. Want to make a difference? Purchase a seat for a veteran for just \$50 and help ensure more of our local heroes can attend this special tribute — because they've earned more than just our thanks.

Keynote speaker: TBD

REGISTRATION CLOSES OCTOBER 26TH!

**This is a CLOSED event and online registration is required to attend. There will be NO seats sold at the door.*

EARLY-BIRD PRICING:

Until October 5th

Individual Ticket: \$50.00

Full Table (6 seats): \$350.00

Purchase a seat for a Veteran: \$50.00

LATE REGISTRATION PRICING:

October 6th - October 26th

Individual Ticket: \$65.00

Full Table (6 seats): \$400.00

?Purchase a seat for a Veteran: \$50.00

Veteran Registration

This is open to Veteran's wanting to register for a seat at Bring a Vet to Lunch. This registration is on a first-come, first-served basis and does not guarantee a seat. Registrants will be emailed regarding seating availability once registration closes.

REGISTRATION CLOSES OCTOBER 26TH!

Interested in Sponsoring this event?

Check out our Sponsorship options below!

November 12, 2025

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

How to use the Partnership Website

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Service Animal Policy

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Thank you for your understanding and cooperation.

November 15, 2025

Sound Bath w/ Crystal Lotus Blessings

Roses Poses

833 East Fry Blvd.

Sierra Vista, AZ 85635

07:15 PM - 08:30 PM MT

Carrie, 561-891-8985

crystallotusblessings@gmail.com

Sound Immersion Journey, a symphony of serenity: Join us for a crystal bowl sound bath at Roses Poses 833 E. Fry Blvd., #B, Sierra Vista, AZ, and immerse yourself in a journey of deep relaxation and rejuvenation. Gentle vibrations and calming tones will wash away stress, promoting a sense of calm and well-being as you allow yourself to be immersed in sound.

Here's what awaits you:

- **Crystal Bowl Sound Bath:**

Experience the soothing vibrations of crystal singing bowls, known for their ability to promote relaxation and reduce stress.

- **Guided Meditation:**

Begin your journey with a guided meditation to set intentions and prepare your mind and body for a deep state of relaxation.

- **Intention Setting:**

Set your intentions for the session, allowing the sounds to resonate with your inner desires and aspirations.

- **Deep Relaxation:**

Allow the calming sounds and vibrations to wash over you, promoting a sense of peace and tranquility.

- **Rejuvenation:**

Leave feeling refreshed, revitalized, and ready to embrace the day with renewed energy and clarity.

Benefits of a Sound Bath:

- **Reduced Stress & Anxiety:**

The resonant frequencies of the bowls help lower cortisol levels, the body's primary stress hormone.

- **Improved Sleep:**

The calming sounds and vibrations can promote a deeper, more restful sleep.

- **Enhanced Relaxation:**

A sound bath is a perfect way to unwind and release tension, promoting a sense of calm and well-being.

- **Increased Clarity:**

The practice can help to quiet the mind and promote a sense of clarity and focus.

Event Details:

Sound Immersion Journey. Space is limited, book now!

- **Date:** November 15, 2025

- **Time:** 715P - 8305P

- **Location:** Roses Poses, 833 E. Fry Blvd., #B, Sierra Vista, AZ 85635

- **Cost:** \$20.00

- **RSVP:** Scan QR Code in Flier

Book your spot today and experience the transformative power of sound!

November 15, 2025

Are you expecting? Attend our Childbirth Class

**Canyon Vista Medical Center - Medical Office Building #2 Thrive Classroom
5750 AZ-90**

Sierra Vista, Ar 85635

09:00 AM - 05:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

Are you expecting a child soon?

Make sure to attend one of our monthly Childbirth Classes.

Saturdays: 7/19, 8/16, 9/13, 10/11, 11/15, 12/13

9am to 5pm

Optional tour to follow class

LOCATION

Canyon Vista Medical Center

Thrive Classroom

- Park in Medical Building 2 parking lot*
- On the right side of the building, you will see the Thrive sign*
- Enter through that side door*
- 1st classroom on the left*

\$10 fee, covers entire class for mom and partner.

Register Online tinyurl.com/CVMCChildBirth

More Information

Call Women and Newborn Services 520.263.3320

Conversations About Health Series - Fall 2025

Cochise College, Downtown Center

2600 E Willcox Dr.

Sierra Vista, AZ 85635

01:00 PM - 02:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

Fall 2025 Conversations About Health Series

Empowering Health Through Education

Canyon Vista Medical Center proudly presents the Fall 2025 Conversations About Health Series — a free educational initiative designed to inspire and empower our community to live healthier, more informed lives. Hosted at Cochise College Downtown Center (Room G106), this series features engaging presentations from medical professionals on critical health topics that impact daily life.

Topics and Dates:

Respiratory Illnesses 101: What You Need to Know (Sep 2)

By Dr. Elena Kwon

Dr. Elena Kwon, Emergency Room Medical Director, will share important information on respiratory illnesses—including Flu, COVID-19, and RSV. Learn how to protect yourself and your loved ones this season.

Furthering our Goal of Making Cochise County Healthier (Sep 30)

By Canyon Vista Medical Center Executive Team

They will share updates on the hospital and how CVMC intends to keep care close to home with new technology, growth in services and collaboration with Cochise College.

Stroke Awareness: Signs and Treatment (Oct 21)

By Dr. Yanny Phillips

Stroke, also known as "brain attack", is the second leading cause of death and the third most common reason for long-term disability in the world. Dr. Yanny Phillips, Neurology, will review current treatment guidelines and give tips for healthy lifestyle choices to help decrease the risk of having a stroke.

Mood Changes & When to Seek Help (Nov 18)

By CVMC Behavioral Health Team

Mood changes like anxiety and depression are common, but when they become persistent or start affecting daily life, it may be time to seek help. The BHU team will cover the basics on moods change and how to recognize the signs for when it's time to reach out for help.

Nutrition and Medicine: The Relationship and Importance of Both (Dec 2)

By CVMC Dietician, Anna Keefe

Nutrition and medicine go hand in hand—while medicine treats illness, good nutrition can help prevent it and support recovery. CVMC Dietician Anna Keefe will explain how a

balanced diet aids healing and may reduce the need for some medications.

Location:

*Cochise College Downtown Center, Room G106
2600 E. Wilcox Drive, Sierra Vista, AZ 85635*

Time: 1:00 - 2:00 PM (All Sessions)

Cost: FREE

Join us for these engaging discussions designed to inform, educate, and inspire healthy living. For more details, visit CanyonVistaMedicalCenter.com/events or call Cochise College Center of Life-Long Learning at 520-515-5492.

November 20, 2025

Business @ Twilight - November 20th

Allo Fiber

2383 E Fry Blvd.

Sierra Vista, AZ 85635

05:00 PM - 07:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Business @ Twilight is an excellent opportunity for you to build relationships through networking with your fellow Partnership Members and other local business leaders.

Hosted by Allo Fiber - Don't miss it!

****REGISTRATION CLOSING 2 DAYS PRIOR TO EVENT!****

Service Animal Policy

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Cochise College, Downtown Center

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December 6, 2025

66th Annual Christmas Light Parade

05:30 PM - 08:00 PM MT

Maria Jimenez,

events@skyislandsrp.com

? *Announcing this year's Christmas Parade theme ?*

? *Sky Islands Regional Partnership Presents: Christmas in the Sky Islands ?*

?*"Celebrating Holiday Traditions Across Our Region"?*

??*Celebrate the season, Sky Islands style! From snowy mountaintops to desert towns full of light, this year's theme invites parade entrants to showcase what the holidays look like across our diverse and beautiful region. Think pine trees and prickly pears, Santa on horseback, mountain cabins, hometown holiday traditions, and more! ??*

REGISTRATION CLOSES NOVEMBER 29th!

You MUST register online before the event as we need time to adjust the parade line up accordingly.

Use Coupon Code: GIVE BACK for \$20 off registration pricing (reserved for: K -12 Schools, First Responders, Non-Profits only)

EARLY BIRD PRICING

Until November 22nd

Partnership Member Businesses - \$85

Non-Partnership Member Businesses - \$135

LATE REGISTRATION PRICING

November 23rd - November 29th

Partnership Member Businesses - \$100

Non-Partnership Member Businesses - \$150

Registration CLOSES on November 29th. No late registrations will be accepted!

OFFICIAL PARADE ROUTE

December 10, 2025

Sky Islands 101 - Getting the Most Out of Your Partnership Membership

Sky Islands Regional Partnership

21 East Wilcox Drive

Sierra Vista, AZ 85635

12:00 PM - 01:00 PM MT

Maria Jimenez, 520-458-6940

events@skyislandsrp.com

Meet your Sky Islands Regional Partnership Staff during an interactive session that will help you get the most out of your new Partnership membership.

Including:

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Sierra Vista, Ar 85635

09:00 AM - 05:00 PM MT

Natoyah Swift, 5202633299

natoyah.swift@canyonvistamedicalcenter.com

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